

海派飨宴： 老外春节“必吃”的上海餐厅指南

A Taste of Shanghai: Must-Eat List for the Spring Festival

在上海的春节餐桌上，传统与现代激情交织。从静安寺附近菜菜小笼门店的蟹粉小笼，到陆家嘴荟萃·晶萃的红酒泡沫牛仔粒，每一道菜都诉说着这座城市不断进化的美食文化。

老外不妨先在三玛璐酒楼品味经典红烧肉，感受本帮菜的灵魂；再到静安区的吉品小鲜，让醉膏蟹的鲜美在舌尖绽放。对于寻求地道港式风味的食客，香江铭苑的滑蛋牛肉值得一试。

在这个喜庆的节日里，这些餐厅不仅供应美食，更是体验上海文化的绝佳窗口。每一餐都是一次跨文化的对话，每一道菜都是一个关于这座城市的故事。

“跟着吃就对了！”大众点评“必吃榜”作为一张城市美食名片，特别推出英文版榜单，提升外籍游客在上海吃喝玩乐游玩体验。

On Shanghai's Chinese New Year dining tables, tradition and modernity intertwine in fascinating ways.

From the crab roe-filled xiaolongbao at Lalay (Jing'an Temple) to the red wine-infused beef cubes at Hui Ting Crystal (Lujiazui), each dish showcases Shanghai's unique mix of traditional and modern cooking. For first-time visitors, start your gastronomic journey at San Ma Lu Restaurant, where the classic braised pork belly captures the soul of authentic Shanghainese cuisine. Then, venture to Ji Pin Xiao Xian in Jing'an district, where the drunken crab delivers an unforgettable burst of flavor. For those craving Hong Kong cuisine, Xiang Jiang Ming Yuan's silky scrambled eggs with beef is a must-try.

During this festive season, these establishments offer more than just meals – they're windows into Shanghai's vibrant culture. Each dining experience becomes a cross-cultural dialogue, and every dish narrates a unique story of this magnificent city.

Note: Advance reservations are highly recommended during the Spring Festival period.

"Just Follow Our Lead!" Dianping's Must-Eat List, Shanghai's most trusted food guide, is now available in English to help international visitors discover the city's best dining spots. Let us be your culinary compass through Shanghai's exciting food scene!

南京路上榜餐厅推荐 Nanjing Road Must-Eat List



菜菜小笼·乔艾(南京东路店)
特色菜品:蟹粉小笼、炸猪排、鸡鸭血汤
地址:南京东路店

三玛璐酒楼(汉口路店)
特色菜品:上海小排、红烧肉、铁板鲈鱼
地址:汉口路店

嫰三尺蟹粉小笼(人民广场店)
特色菜品:蟹粉小笼、蟹粉拌面、炸猪排
地址:人民广场店

三清潭烧鹅(兴业太古汇店)
特色菜品:烧鹅、炒肉蟹、煲仔饭
地址:兴业太古汇店



新天地上榜餐厅推荐 Xintiandi Must-Eat List

瑞狮楼·潮汕会馆
特色菜品:潮汕菜
脆皮鸡、卤水鹅拼盘、头水紫菜炒豆苗
地址:新天地店

清晨家烤肉(BFC外滩金融中心店)
特色菜品:韩式烤肉
碳烤鱿鱼、调味横膈膜、调味牛五花
地址:BFC外滩金融中心店

蟹黄鱼·深夜面馆(巨鹿路店)
特色菜品:上海风味面馆
蟹黄鱼面、金汤蟹黄馄饨、韭黄蟹粉春卷
地址:巨鹿路店



陆家嘴上榜餐厅推荐 Lujiazui Must-Eat List



荟廷·晶萃(陆家嘴尚悦湾店)
特色菜品:蟹粉捞饭、椒盐猪手、红酒泡沫牛仔粒
地址:陆家嘴尚悦湾店

锦楼·臻选新杭帮(正大广场店)
特色菜品:东海黄鱼捞年糕、糖醋排骨
海胆石锅豆腐
地址:正大广场店



静安寺上榜餐厅推荐 Jing'an Temple Must-Eat List



吉品小鲜 Jhouse(静安店)
特色菜品:上海本帮菜
绝味黄鱼、醉膏蟹、石烹响油鳝丝
地址:静安店

香江铭苑(静安店)
特色菜品:港式茶餐厅
牛腩拌牛筋、滑蛋牛肉、肠粉
地址:静安店

食好点·港点·粤菜(芮欧百货店)
特色菜品:粤式茶点
叉烧酥、养生醉鸡煲、红米肠粉
地址:芮欧百货店

五里关火锅(上海总店)
特色菜品:重庆火锅
耙牛肉、耙鸡脚、嫩牛肉
地址:上海总店



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